



SCHEDULE OF EVENTS

SINGLE TICKETS \$30 / each day (all classes)
\$50 / both days (all classes)
\$10 / each class

BRING A FRIEND \$50 / each day (all classes)
\$85 / both days (all classes)
\$15 / each class

FRIDAY, NOVEMBER 14, 2025 – Ticket Sales will Begin at 9 am

NORTH



SOUTH



10:00 am	Natural Weight Loss with Herbs <i>Jordan Gundersen</i>	Energy Storage and Solar Power <i>Glenn Jakins</i>	Homeschool & the Learning Experience <i>Lisa Mauer</i>	Food Storage: Simply Planned, Simply Delicious <i>Leslie Probert</i>
11:15 am	Healing Disease Starts In Your Gut <i>Cassidy Gundersen</i>	Sanitation <i>Don Bartholomew</i>	Nature's Medicine Cabinet... Clay! <i>Neal Bosshardt</i>	Brilliant BROL: Daily Diet Health Edge <i>Brilliant Living Us</i>
12:30 pm	LUNCH BREAK --- Food Trucks			
1:00 pm	DIY Funeral Planning: Everything to Know <i>Joyce Mitchell</i>	Common Wild Edible & Medicinal Plants <i>Mike Wood</i>	How to Grow Undercover <i>Michelle Roberts</i>	Homemade Bread in Just One Hour: Kids Welcome <i>Jeannie Dayton</i>
2:15 pm	Emergency Communications <i>Aaron Gilbert</i>	Winter Gardens Veggies from Nov. to May <i>Wendy Sing</i>	Beyond Calories: How to Feed Your Muscles & Mind <i>Dr. Loren Grover</i>	Tinctures <i>Jennah Martin</i>
3:30 pm	12 Steps to Preparedness <i>Aaron Gilbert</i>	Microgreens <i>Jennah Martin</i>	Hemp the Superfood: Its Power and Potential <i>Scott Schwab</i>	Fermentation/Sauerkraut <i>Julia Vance</i>
4:45 pm	Dietary Secrets: Fastest 5K H.S. Runner in History <i>Jim Simmons</i>	Healing Disease with Breakfast <i>Cassidy Gundersen</i>	Naturally Prepared: Herbs for Health <i>Doreen Spackman</i>	Sprouting <i>Julia Vance</i>
6:00 pm	Keynote Speaker: Jim Simmons —and RAFFLE!			

675 s. 500 E. American Fork, UT 801-319-9111 www.sageandplow.com



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SATURDAY, NOVEMBER 15, 2025 – Ticket Sales will Begin at 9 am

NORTH



SOUTH



9:00 am	FUND RAISER --- PANCAKE BREAKFAST --- All You Can Eat --- \$8.00 ea / \$35.00 per family			
10:00 am	Weight Watchers Meeting	Energy Storage and Solar Power <i>Glenn Jakins</i>	Homeschool & the Learning Experience <i>Lisa Mauer</i>	Homemade Bread in Just One Hour Kids Welcome <i>Jeannie Dayton</i>
11:15 am	Emergency Preparedness with Iridology <i>Jordan Gundersen</i>	The Power to Create <i>Mike Wood</i>	Sea Energy: The Key to Grow Nutrient- Dense Foods <i>Prenten Frazier</i>	Brilliant BROL: Daily Diet Health Edge <i>Brilliant Living Us</i>
12:30 pm	LUNCH BREAK --- Food Trucks			
1:00 pm	Rapid Disaster Assessment Program <i>Aaron Gilbert</i>	Common Wild Edible and Medicinal Plants <i>Mike Wood</i>	Beyond Calories: How to Feed Your Muscles and Mind <i>Dr. Loren Grover</i>	Fermentation/Sauerkraut <i>Julia Vance</i>
2:15 pm	Security <i>Be Ready Academy</i>	Winter Gardens Veggies from Nov. to May <i>Wendy Sing</i>	Naturally Prepared: Herbs for Health <i>Doreen Spackman</i>	Home Remedies <i>Julia Vance</i>
3:30 pm	Healing Disease Starts In Your Gut <i>Cassidy Gundersen</i>	DIY Funeral Planning: Everything to Know <i>Joyce Mitchell</i>	Hemp the Superfood: Its Power and Potential <i>Scott Schwab</i>	Food Storage: Simply Planned, Simply Delicious <i>Leslie Probert</i>
5:00 pm	Keynote Speaker: Chef Brad —and RAFFLE!			

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