

SCHEDULE OF EVENTS

SINGLE TICKETS

\$30 / each day (all classes) \$50 / both days (all classes) \$10/each class

BRING A FRIEND

\$50 / each day (all classes) \$85 / both days (all classes) \$15/each class

FRIDAY, NOVEMBER 14, 2025 - Ticket Sales will Begin at 9 am



SOUTH



AGE KITCHEN

10:00 am

11:15 am

Natural Weight Loss with Herbs Jordan Gundersen

Healing Disease Starts In Your Gut Cassidy Gundersen

Ennergy Storage and Solar Power Glenn Jakins

Sanitation Don Bartholomew Homeschool & the Learning Experience Lisa Mauer

We Eat Clay and Wear It Too! Neal Bosshardt

Food Storage: Simply Planned, Simply Delicious Leslie Probert

Brilliant BROL: Daily Diet Health Edge Brilliant Living Us

12:30 pm

1:00 pm

2:15 pm

3:30 pm

4:45 pm

6:00 pm

LUNCH BREAK --- Food Trucks

DIY Funeral Planning: Everything to Know Iovce Mitchell

Emergency Communications Aaron Gilbert

12 Steps to Preparedness Aaron Gilbert

Dietary Secrets: Fastest 5K H.S. Runner in History Jim Simmons

Keynote Speaker: Jim Simmons

Common Wild Edible & Medicinal Plants Mike Wood

Winter Gardens Veggies from Nov. to May Wendy Sing

Microgreens Jennah Martin

Healing Disease with Breakfast Cassidy Gundersen

—and RAFFLE!

How to Grow Undercover Michelle Roberts

Beyond Calories: How to Feed Your Muscles & Mind Dr. Loren Grover

Hemp the Superfood: Its Power and Potential Scott Schwab

Naturally Prepared: Herbs for Health Doreen Spackman

Homemade Bread in Just One Hour: Kids Class Jeannie Dayton

Tinctures Jennah Martin

Fermentation/Sauerkraut Julia Vance

Sprouting Julia Vance

675 s. 500 E. American Fork, UT 801-319-9111 www.sageandplow.com



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SOUTH

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Sanitation Don Bartholomew CORNER

Homeschool & the Learning Experience Lisa Mauer

We Eat Clay and Wear It Too! Neal Bosshardt

AGE KITCHEN

Food Storage: Simply Planned,

Brilliant Living Us

Simply Delicious Leslie Probert

Brilliant BROL: Daily Diet Health Edge

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SATURDAY, NOVEMBER 15, 2025 - Ticket Sales will Begin at 9 am

NORTH SAGE		
	NORTH	SAGE

SOUTH





CENTER		CORNER	KITCHEN	
9:00 am PANCAKE BREAKFAST All You Can Eat \$8.00 ea / \$35.00 per family				
10:00 am	Weight Watchers Meeting	Energy Storage and Solar Power Glenn Jakins	Homeschool & the Learning Experience Lisa Mauer	Homemade Bread in Just One Hour Kids Class Jeannie Dayton
11:15 am	Emergency Preparedness with Iridology Jordan Gundersen	Water Storage Connie Getz	Sea Energy: The Key to Grow Nutrient- Dense Foods Prenten Frazier	Brilliant BROL: Daily Diet Health Edge Brilliant Living Us
12:30 pm	12:30 pm LUNCH BREAK Food Trucks			
1:00 pm	Rapid Disaster Assessment Program Aaron Gilbert	Common Wild Edible and Medicinal Plants Mike Wood	Beyond Calories: How to Feed Your Muscles and Mind Dr. Loren Grover	Fermentation/Sauerkraut Julia Vance
2:15 pm	Security Be Ready Academy	Winter Gardens Veggies from Nov. to May Wendy Sing	Naturally Prepared: Herbs for Health Doreen Spackman	Home Remedies Julia Vance
3:30 pm	Healing Disease Starts In Your Gut Cassidy Gundersen	DIY Funeral Planning: Everything to Know Joyce Mitchell	Hemp the Superfood: Its Power and Potential Scott Schwab	Food Storage: Simply Planned, Simply Delicious Leslie Probert
5:00 pm	Keynote Speaker: Chef Brad —and RAFFLE!			

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AGE

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10:00 am

11:15 am

2:15 pm

3:30 pm

Weight Watchers Meeting **Emergency Preparedness with Iridology**

Jordan Gundersen

Energy Storage and Solar Power Glenn Jakins

Water Storage Connie Getz

Homeschool & the Learning Experience Lisa Mauer

Sea Energy: The Key to Grow Nutrient-Dense Foods Prenten Frazier

Homemade Bread in Just One Hour Kids Class Jeannie Dayton

Brilliant BROL: Daily Diet Health Edge Brilliant Living Us

12:30 pm **LUNCH BREAK --- Food Trucks**

Rapid Disaster Assessment Program 1:00 pm

Aaron Gilbert

Security Wendy Sing Be Ready Academy

Healing Disease Starts In Your Gut Cassidy Gundersen

Common Wild Edible and Medicinal Plants Mike Wood

Winter Gardens Veggies from Nov. to May

DIY Funeral Planning: Everything to Know Joyce Mitchell

Beyond Calories: How to Feed Your Muscles and Mind Dr. Loren Grover

Naturally Prepared: Herbs for Health Doreen Spackman

Hemp the Superfood: Its Power and Potential Scott Schwab

Fermentation/Sauerkraut Iulia Vance

Home Remedies Julia Vance

Food Storage: Simply Planned, Simply Delicious Leslie Probert

5:00 pm **Keynote Speaker: Chef Brad**

and RAFFLE!

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